

ULCI Mock Test Use Only

Candidate Name : SARU BASNET

Teacher's Name : outside

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Please record your answer on this page.

(Only answers on Page 1 and Page 2 will be marked.)

TO Ms Jane Rudik

Community Nurse

Newtown Community Health Centre

Newtown

15 July 2012

Dear Ms Rudik

Re: Ms Mary Bell

Ms Bell is being discharged after being managed for unstable diabetes mellitus and left foot ulcer. She requires your follow-up care and assistance for an overall life-style plan and involvement of community social worker service.

Ms Bell was admitted on 24 June 2012 due to left foot ulcer and elevated diabetes mellitus. She has been diagnosed with non-insulin-dependent diabetes mellitus for 15 years. She lives alone in own house with small pension. Her alcohol intake has been increased along with decreased dietary pattern. Therefore, kindly monitor her diet and alcohol intake. The main concern is that she has problems with self-administration of hypoglycaemic medication. Hence, monitor her medication compliance. She has been commenced on glimepiride 5mg daily and metformin 850mg three times a day. In addition, Amoxicillin 875mg two times a day to manage her foot ulcer.

Ms Bell has no relatives and no outside interests. Therefore,

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encouraged her to establishment of social activities. She needs daily saline dressing to manage her ulcer foot. Kindly monitor her wound margins as well as observe for signs of complications. Make sure to review her wound healing process and completion of antibiotics therapy. She has been encouraged to participate in moderate exercise programme. She has been suggested to involved in income producing activities as her pension is much lower than pre-retirement income. Make sure to monitor her blood sugar level. Overall she is making a good progress.

In lights of the above, kindly provide follow-up care and assistance to Ms Bell regarding her life-style plan and involvement of community social worker service.

Yours sincerely
Nurse.

B

350
500
V. Good
keep it up!!
B