

Candidate Name : DEEPIKA DEVKOTA

Teacher's Name : outside

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Please record your answer on this page.

(Only answers on Page 1 and Page 2 will be marked.)

Ms Jane Rudik

The Community Nurse

Newtown Community Health Centre

Newtown

15 July 2017

Re : Ms. Mary Bell aged 66 years

Dear Ms Rudik

Ms. Mary Bell was admitted on 24 June 2017 with small infected ulcer of left foot following unstable diabetes mellitus. She is making good progress and is being discharged today. She requires your ongoing care and management.

Ms Bell, an 66-year-old retired single woman, lives alone in her own four-bedroom home. She income lower than pre-retirement. However, she has increased alcohol intake and decreased her dietary quality since retirement. Ms Bell reports periodic problems with self administration of hypoglycemic medication. She had non-insulin dependent diabetes mellitus since 15 years.

During Hospitalization, Ms Bell's daily dressing and monitoring of wound margins were done. She was observed for signs of complications. Mr Bell was review for healing progress as well. Her regular medications are glibenclamide 5mg daily and Metformin 850mg thrice a day. She was given augmentin duo forte 125mg orally for antibiotic therapy.

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It would be greatly appreciated if you could monitor her adherence to medication. Please ensure her dietary pattern and monitor her alcohol intake. Kindly encourage Mrs Bell for moderate exercise programme and establishment of social activities as she reports uninterested in outside works. She requires your suggestion on establishment of income producing activity as well. Her blood sugar levels need to be monitor.

If you have any queries, please do not hesitate to contact me.

Yours Sincerely

Registered Nurse

Newtown Community Hospital.

13

350/60
580
V. good
keep it up!